

**PRACTICE QUESTIONS
(COMMUNITY) - 0002**

1. What is the focus of secondary health care?
 - A. Early malnutrition
 - B. Early signs and symptoms
 - C. Early diagnosis and treatment
 - D. Early detection
2. The last case of small pox was reported in the world
 - A. 1997
 - B. 1978
 - C. 1979
 - D. 1982
3. To determine the possible sources of sexually transmitted infections, which is the best method that may be undertaken by the public health nurse?
 - A. Contact tracing
 - B. Community survey
 - C. Mass screening tests
 - D. Interview suspects
4. Mrs. Neethu is Interested in IUD. The nurse tells her that its insertion is usually done at this period of the menstrual cycle
 - A. 7th to 10th days
 - B. 18th to 20th days
 - C. 12th to 16th days
 - D. 1st 10th days
5. The following are warning signs of cancer. Which one is not?
 - A. Change In bladder and bowel habits
 - B. Indigestion or difficulty in swallowing
 - C. Weight gain
 - D. Nagging cough or hoarseness
6. Which of the following diseases results from niacin deficiency?
 - A. Diabetes
 - B. beriberi
 - C. pellagra
 - D. megaloblastic anemia
7. What is the causative agent in HIV/AIDS?
 - A. trichomonas vaginalis
 - B. Human, T-cell lymphotrophio virus
 - C. Treponema pallidum
 - D. Chlamydia tranchomatis
8. An adult has received an injection of immunoglobulin. The nurse knows that the client willdevelop which of the following types of immunity
 - A. Active natural immunity
 - B. Active artificial immunity
 - C. Passive natural immunity
 - D. Passive artificial immunity
9. The physician asks the nurse to discuss the use of an oral contraceptive with Ms. Jyothi. The nurse should instruct Ms. Jyothi that oral contraceptive
 - A. Are taken at the same time each day, preferably in the evening
 - B. Must be taken on an empty stomach
 - C. Are started on the first day of menstruation
 - D. Are best taken in the morning before breakfast
10. International Red Cross Society is founded by
 - A. Charles Dickson
 - B. Charles Darwin
 - C. Henry Dunant
 - D. Von pirguet
11. ICDS programme started in
 - A. 1975
 - B. 1970
 - C. 1978
 - D. 1980
12. The aldehyde test of Napier is a simple test widely used in India for the diagnosis of
 - A. Yellow fever
 - B. Dengue fever
 - C. Yaws
 - D. Kala-azar
13. The headquarters of FAO
 - A. Newyork
 - B. Rome
 - C. Switzerland
 - D. Australia
14. The process of restriction of movement of persons who come in contact of diseased person is called as
 - A. Active surveillance
 - B. Passive surveillance
 - C. Isolation
 - D. Quarantine
15. The study of anthropoids which are of medical importance is known as
 - A. Ecology
 - B. Anthropology
 - C. Epidemiology
 - D. Medical entomology
16. Clark's process is a method of removing
 - A. Temporary hardness
 - B. Permanent hardness
 - C. 1 and 2
 - D. None of the above
17. Schick test can be done in case of
 - A. German measles
 - B. Diphtheria
 - C. Measles
 - D. Meningitis
18. The best method of refuse disposal is
 - A. Burning
 - B. Composting

- C. Dumping
D. Controlled tipping
19. ORS contains all except
A. Sodium chloride
B. Calcium lactate
C. Bicarbonate
D. Glucose
20. W.H.O. defines blindness as "visual acuity of less than"
A. 3/60
B. 6/60
C. 6/18
D. 1/60
21. The optimum level of fluoride in drinking water is between
A. 0.5 – 0.8 mg/liter
B. 0.2 – 0.4 mg/liter
C. 0.3 – 0.7 mg/liter
D. 0.6 – 0.9 mg/liter
22. MTP Act came into force in the year of
A. 1971
B. 1972
C. 1973
D. 1975
23. MMR vaccine given at the month of
A. 12 months
B. 15 months
C. 18 months
D. 20 months
24. The mosquito which transmits yellow fever is
A. Aedes aegypti
B. Anopheles mosquitoes
C. Culex
D. Mansonoides
25. The immunoglobulin can cross the human placenta is
A. IgM
B. IgG
C. IgA
D. IgE
26. The process of enabling people to increase control over and to improve health is known as
A. Specific protection
B. Early diagnosis and treatment
C. Health promotion
D. Disability limitation
27. Health survey and planning committee is known as
A. Bhore committee
B. Chadah committee
C. Mudaliar committee
D. Mukerjee committee
28. Anti sterility vitamin is
A. Vitamin A
B. Vitamin E
C. Vitamin K
D. Vitamin D
29. Prevention of food adulteration Act was enacted in
A. 1944
B. 1954
C. 1964
D. 1974
30. The major causes of MMR in India
A. Anemia
B. Toxemia of pregnancy
C. Eclampsia
D. Hemorrhage
31. The nurse is discussing breastfeeding with a postpartum client. Breastfeeding is contraindicated in the postpartum client with
A. Diabetes
B. Positive HIV
C. Hypertension
D. Thyroid Disease
32. Mid day meal program provides how many calories and proteins per day?
A. 300 calories and 6-12 gram of protein
B. 200 calories and 6 -12 gram of protein
C. 300 calories and 8-12 gram of protein
D. 200 calories and 8 – 12 gram of protein
33. Temperature required for pasteurization is
A. Above 150° C
B. Below 100° C
C. 110° C
D. None of these
34. What is the full form of DMPA?
A. Di Methyl Progesterone Acetate
B. Di Methyl Mono Progesterone Acetate
C. Depot Medroxy Progesterone Acetate
D. Depot Methyl Progesteronic Acid.
35. Meat can be the sources of which of the following infection?
A. Tape worms
B. Liver fluke
C. Bacterial infection
D. All of the above
36. The most common symptoms of congenital rubella syndrome that follows infection in the mother during the 1st trimester is
A. Hydrocephalus
B. Phocomelia
C. Cardiac Anomaly
D. Otosclerosis
37. Which are the philosophy of community health nursing?
A. Naturalism
B. Socialism
C. Pragmatism
D. Realism
38. Pentavalent vaccine prevents
A. Diphtheria, Pertussis, Tetanus, Hepatitis B, Haemophilus influenza B
B. Diphtheria, Pertussis, Typhoid, Hepatitis B, Tetanus

- C. Diphtheria, Tetanus, Hepatitis B, Typhoid, Haemophilus influenza B
D. Diphtheria, Pertussis, Typhoid, Hepatitis B, Tetanus
39. In the internationally accepted four colour code system of Triage, red colour indicates the type of patient who is
A. Dead
B. High Priority
C. Medium Priority
D. Ambulatory
40. Which of the following is used as an emergency contraceptive
A. Combined Oral Contraceptive Pill
B. Progesterone Only
C. Depo-Provera
D. Levonorgestrol
41. Major cation of extra cellular fluid
A. Sodium
B. Potassium
C. Calcium
D. Chloride
42. According to RCH program first referral unit is
A. District hospital
B. PHC
C. CHC
D. Medical college
43. The International Agency assisting the National Blindness Control Programme is
A. SIDA
B. USAID
C. UNICEF
D. DANIDA
44. Time period between HIV Infection and detection antibody against it
A. Incubation period
B. Active HIV
C. Window Period
D. 1 & 3 both
45. Energy provided by dietary fibre is
A. 2 kcal/g
B. 4 kcal/g
C. 7 kcal/g
D. 9 kcal/g
46. Which of the following is not included in the 4 strategies of GOBI campaign
A. G for growth and development
B. O for oral rehydration
C. B for breast feeding
D. I for immunization
47. Highest biological value of protein is seen in
A. Soyabean
B. Egg
C. Meat
D. Fish
48. Frozen DPT vaccine should be
A. used
B. discarded
C. can be used after reaching normal temperature
D. Immersed in hot water
49. Most important component of oral contraceptive agents is
A. GH
B. LH
C. Progesterone
D. Thyroxine
50. In RMNCH+A alphabet 'A' denotes
A. Antenatal
B. Adolescent
C. Accessible
D. Aged people
51. Chancroid is a sexually transmitted disease caused by
A. Haemophilus
B. Neisseria
C. Trichomonas
D. Treponema
52. The nurse is to collect a sputum specimen from a client. The best time to collect this specimen is
A. in the morning, as soon as the client awakens.
B. anytime during the day.
C. early in the evening.
D. before bedtime.
53. World Cancer day
A. January 30
B. December 1
C. February 4
D. March 7
54. A patient presents to the emergency department with diminished and thready pulses, hypotension and an increased pulse rate. The patient reports weight loss, lethargy, and decreased urine output. The lab work reveals increased urine specific gravity. The nurse should suspect
A. Renal failure
B. Sepsis
C. Pneumonia
D. Dehydration
55. Lung disease caused by cotton fibre dust
A. Bagassosis
B. Anthracosis
C. Silicosis
D. Byssinosis
56. Which of the following is not included in 4 Ds of Rashtriya Bal Swasthya Karyakram (RBSK)?
A. defects at birth
B. diseases in children
C. dehydration and death
D. deficiency conditions
57. Test to determine the adequacy of chlorination of water

- A. Benedict's test
B. Hay's test
C. Ortho-tolidine test
D. Presumptive coliform test
58. Bed strength recommended for a PHC is
A. 5 beds
B. 6 beds
C. 7 beds
D. 10 beds
59. Which of the following food have low Glycaemic index?
A. whole grains
B. corn flakes
C. pasta foods
D. beans and lentils
60. Chromosomal abnormality in down syndrome
A. Trisomy-13
B. Trisomy-18
C. Trisomy-21
D. 44 x0
61. Which of the following vaccination is recently recommended for adolescent girls?
A. Tetanus toxoid
B. Rubella vaccine
C. Penta vaccine
D. Typhoid vaccine
62. Number of deaths from puerperal causes per 1000 live births is called
A. Infant mortality rate
B. Maternal mortality rate
C. Perinatal mortality rate
D. Neonatal mortality rate
63. Contraceptive failure is calculated by
A. Pearl Index
B. Pincus Index
C. Russel Index
D. Reids Index
64. What is the amount of bleaching powder needed for disinfection 1000 litres of water?
A. 2.0 gm
B. 2.5 gm
C. 3.0 gm
D. 3.5 gm
65. A rape victim comes on 4th day for contraception. The best method is
A. high dose oestrogens
B. high dose progestogens
C. combination of oestrogen and progesterone
D. CuT
66. Number of new cases occurring in a defined population is called
A. Prevalence
B. Incidence
C. Seasonal trend
D. Secular trend
67. Culture media sterilised by
A. Autoclave
B. Hot air oven
C. Ethylene oxide
D. Gluteraldehyde
68. Mycobacterium tuberculosis and Vibrio cholerae were identified by
A. Van Helmholtz (1843)
B. Robert Koch (1843-1910)
C. Van Leeuwenhoek (1683)
D. Louis Pasteur (1822-1895)
69. **Knowing that malnutrition is a frequent community health problem, you decided to conduct nutritional assessment. What population is particularly susceptible to protein energy malnutrition (PEM)?**
A. Pregnant women and the elderly
B. Under 5 year old children
C. 1-3 year old children
D. School age children
70. **The presence of high coliform counts in water indicate**
A. contamination by human wastes.
B. phosphorus contamination.
C. decreased biological oxygen demand.
D. hydrocarbon contamination
71. **Tertiary prevention is needed in which stage of the natural history of disease?**
A. Pre-pathogenesis
B. Pathogenesis
C. Predromal
D. Terminal
72. Which among the following is a grass root worker in ICDS?
A. ANM
B. Lady health worker
C. Child development and project officer
D. Anganwadi worker
73. The denominator used for calculating literacy rate of India is
A. total midyear population
B. population age 7 year and more
C. school going population
D. population age 18 year or more
74. **The concentration of which gas is highest in our environment**
A. Oxygen
B. Hydrogen
C. Nitrogen
D. Carbon dioxide
75. Ergonomics is concerned with
A. Improving the genetic endowment of human population
B. Fitting the job to the worker
C. Environmental manipulation according to human needs
D. Improving the agricultural production

76. Diseases that are always present in a community, usually at a low, more or less constant, frequency are classified as
- epidemic
 - endemic
 - pandemic
 - sporadic
77. The estimated protein requirement of an infant during the first months is
- 1g/kg of body weight
 - 1.5 g/kg of body weight
 - 2 g/kg of body weight
 - 2.5 g/kg of body weight
78. Beds in the hospital are arranged in such a way to prevent the droplet transmission of microorganism this is done by
- Letting a single bed occupy a single room
 - Arranging the bed not facing the door or window
 - Positioning the bed 1 meter away from each other
 - Placing blinders in each patient, if possible.
79. Farmer's lung result from exposure to
- Sugarcane dust
 - Cotton fiber dust
 - Grain dust
 - Tobacco
80. Annual growth rate is calculated by
- CBR-CDR
 - CDR-CBR
 - CBR-CDR x100/CDR
 - None
81. The process of introduction of weakened pathogen into human body is called
- Vaccination
 - Immunization
 - Attenuation
 - None of these
82. The peripheral outpost of the existing health delivery system in rural areas is
- Sub-centre
 - PHC
 - CHC
 - Clinics
83. Progesterone component of the hormonal pill causes
- cardiovascular complications
 - metabolic complications
 - gastrointestinal complications
 - hepatic complications
84. Vaccine against brucellosis commonly used for young animals is
- B.melitensis strain19
 - B.suis strain19
 - B.canis strain19
 - B. abortus strain 19
85. Most suitable contraceptive for a lactating mother with one child
- Laparoscopic sterilization
 - Combined Oral contraceptive pills
 - Progesterone only pills
 - Intrauterine Device
86. Which of the following is not a source of haem-iron?
- liver
 - meat
 - dates
 - fish
87. Spermicide used in the contraceptive today
- norethinsosterol
 - nonoxynol
 - DMPA
 - NET-N
88. RK39 rapid diagnostic kit is related to
- Malaria
 - Kala azar
 - Dengue fever
 - Chicken gunya
89. Programmatic management of Drug resistant TB (PMDT) is
- DOTS plus
 - DOTS pl
 - DMC
 - NRL
90. In Weekly Iron and Folic Acid Supplementation programme the dose of iron and folic acid is
- 60 mg elemental iron and 500 µg folic acid
 - 100 mg elemental iron and 500 µg folic acid
 - 150 mg elemental iron and 300 µg folic acid
 - 100 mg elemental iron and 600 µg folic acid
91. Most cost effective family planning method is
- vasectomy
 - Tubectomy
 - copper T
 - oral pills
92. Which of the following food can be taken by a child with PKU?
- Milk and milk products
 - Chicken and egg
 - Beans and nuts
 - Fruits and vegetables
93. Current population of world is
- 5.8 billion
 - 6.25 billion
 - 7.35 billion
 - 7.6 billion
94. Level of prevention focused on the rehabilitation of affected individual is

- A. Primary
 - B. Secondary
 - C. Tertiary
 - D. Quarternary
95. A score of 0-3 in Apgar scoring indicates that the baby is having
- A. severe depression
 - B. moderate depression
 - C. mild depression
 - D. perfectly allright
96. The process of producing mixed immunity by the injection of serum followed by the vaccination is known as
- A. seroprophylaxis
 - B. sero resistance
 - C. serovaccination
 - D. serotherapy
97. In the classification of low birth weight babies, the very low birth weight baby is having a weight of
- A. Less than 1000gm
 - B. Less than 1500gm
 - C. Less than 2000gm
 - D. Less than 2500gm
98. Which of the following test is used for the diagnosis of Phenylketonuria (PKU)?
- A. Shick test
 - B. Tuberculin test
 - C. Guthrie test
 - D. Benedict test
99. A 2 month old infant is getting artificial feeding, feed should be provided at a rate of
- A. 75 ml of milk per kg of body weight
 - B. 100 ml of milk per kg of body weight
 - C. 130 ml of milk per kg of body weight
 - D. 150 ml of milk per kg of body weight
100. If the baby is Rh-positive, the Rh anti D immunoglobulin is given within how many hours of abortion?
- A. 24 hrs
 - B. 36 hrs
 - C. 48 hrs
 - D. 72 hrs

ANSWER KEY

1. C. Early diagnosis and treatment
2. B. 1978
3. A. Contact tracing
4. D. 1st 10th days
5. C. Weight gain
6. C. pellagra
7. B. Human, T-cell lymphotrophio virus
8. D. Passive artificial immunity
9. A. Are taken at the same time each day, preferably in the evening
10. C. Henry Dunant
11. A. 1975
12. D. Kala-azar
13. B. Rome
14. D. Quarantine
15. D. Medical entomology
16. A. Temporary hardness
17. B. Diphtheria
18. A. Burning
19. B. Calcium lactate
20. A. 3/60
21. A. 0.5 – 0.8 mg/liter
22. B. 1972
23. B. 15 months
24. A. Aedes aegypti
25. B. IgG
26. C. Health promotion
27. C. Mudaliar committee
28. B. Vitamin E
29. B. 1954
30. D. Hemorrhage
31. B. Positive HIV
32. C. 300 calories and 8-12 gram of protein
33. B. Below 100° C
34. C. Depot Medroxy Progesterone Acetate
35. D. All of the above
36. C. Cardiac Anomaly
37. B. Socialism
38. A. Diphtheria, Pertussis, Tetanus, Hepatitis B, Haemophilus influenza B
39. B. High Priority
40. D. Levonorgestrol
41. A. Sodium
42. C. CHC
43. D. DANIDA
44. C. Window Period
45. A. 2 kcal/g
46. A. G for growth and development
47. B. Egg
48. B. discarded
49. C. Progestrone
50. B. Adolescent
51. A. Haemophilus
52. A. in the morning, as soon as the client awakens
53. C. February 4
54. D. Dehydration
55. D. Byssinosis
56. C. dehydration and death
57. C. Ortho-tolidine test
58. B. 6 beds
59. B. corn flakes
60. C. Trisomy-21
61. B. Rubella vaccine
62. B. Maternal mortality rate
63. A. Pearl Index
64. B. 2.5 gm
65. D. CuT
66. B. Incidence
67. A. Autoclave
68. B. Robert Koch (1843-1910)
69. C. 1-3 year old children
70. A. contamination by human wastes.
71. D. Terminal
72. D Anganwadi worker
73. B. Population age 7 year and more
74. C. Nitrogen
75. B. Fitting the job to the worker
76. B. endemic
77. C. 2 g/kg of body weight.
78. C. Positioning the bed 1 meter away from each other
79. C. Grain dust
80. A. CBR-CDR
81. A. Vaccination
82. A. Sub-centre.
83. B. metabolic complications
84. D. B. abortus strain 19
85. D. Intrauterine Device.
86. C. dates
87. B. Nonoxynol
88. B. Kala azar
89. A. DOTS-Plus
90. B. 100 mg elemental iron and 500 µg folic acid
91. A. Vasectomy.
92. D. Fruits and vegetables
93. D. 7. 6billion
94. C. Tertiary
95. A. severe depression
96. C. serovaccination
97. B. Less than 1500gm
98. C. Guthrie test
99. D. 150 ml of milk per kg of body weight
- D. 72 hrs.

